



أكاديمية دبي للمستقبل
DUBAI FUTURE ACADEMY

FEEL: A DISRUPTIVE FUTURES PROGRAMME

CALENDAR

& AGENDA

CALENDAR AND AGENDA

Entrepreneurship	Wellness
Futures Thinking & Foresight	Longevity
Critical Thinking	Networking Opportunities
Emerging Tech/Innovation	Leadership
Feel the Future	Graduation
Field Trips & Industry Visits	Others

WEEK 1

Monday
21 October

Tuesday 22 October	Welcome and Intro Dubai Future Foundation Leadership
	Beat the Box Yvonne Gregori
	The Silica Journey Dr. Ant Rowstron
Wednesday 23 October	Lessons From The First Three Modernities Dr. Roy Casagranda
	AI in Leadership Dr. Mohamed Qasem
	Welcome Dinner Leen's
Thursday 24 October	Wellness
	Innovation Lab Dubai Police
	Leadership, Culture and Priorities Justin Hughes
Friday 25 October	Feel the Future Dr. Fadel Adib

WEEK 2

Monday 28 October	Keynote Speech Dubai Future Foundation Leadership
	Imagining the Future Dr. Heba Chehade
	Concept to Creation Rayan Almasudi
Tuesday 29 October	Wellness
	Peak Performance Dr. Nicholas Tiller
	Science, Critical Thinking, And The Future Steven Novella
Wednesday 30 October	Building Innovation Hasan Balawi
	Science, Critical Thinking, And The Future Dr. Steven Novella
	Dinner YABA
Thursday 31 October	Wellness
	Future of Mobility RTA
	Science, Critical Thinking, And The Future Dr. Steven Novella
Friday 1 November	Coding Your Future Dr. Ebtessam Almazrouei

WEEK 3

Monday 4 November	Keynote Speech Dubai Future Foundation Leadership
	Skepticism 101 Dr. Michael Shermer
	Feel The Future The Future of Food
Tuesday 5 November	Wellness
	Skepticism 101 Dr. Michael Shermer
	Collaborating With The Enemy Adam Kahane
Wednesday 6 November	TalaBot RTA
	The Future Of Cardiovascular Health Dr. Danielle Belardo
	Dinner Three by Eva
Thursday 7 November	Wellness
	Field Visit to MBR Space Center MBR Space Center
	The UAE's First Rocket Engine Lin Kayser & Josefina Lissner
Friday 8 November	Journey Into Dubai's Past Old Dubai

WEEK 4

Monday 11 November	Keynote Speech Dubai Future Foundation Leadership
	Transformative Futures Dr. Sohail Inyatullah
	Liquid Tree Dr. Ivan Spasojevic
Tuesday 12 November	Wellness
	Transformative Futures Dr. Sohail Inyatullah
	Insights from the Field Participants
Wednesday 13 November	The Digital School Waleed Al Ali
	Foresight Innovators Paul Saffo
Thursday 14 November	Wellness
	Field Visit to DP World DP World
	Foresight Innovators Paul Saffo
Friday 15 November	Feel The Future Dubai Future Labs and the Museum of the Future
	Graduation Ceremony H.E. Khalfan Belhouli

WEEK 5

Monday 18 November	Prototypes for Humanity
	The Final Dinner Al Shandagha
Tuesday 19 November	Dubai Future Forum Day 1
Wednesday 20 November	Dubai Future Forum Day 2
Thursday 21 November	
Friday 22 November	

WEEK 1 / DAY 1

TUESDAY 22 OCTOBER 2024

09:15 – 09:45

Dubai Future Auditorium

Keynote Introduction

Dubai Future Foundation Leadership

09:45 – 10:00

Dubai Future Auditorium

Cohort Group Photo

Leadership & Participants

10:00 – 10:30

Dubai Future Auditorium

Welcome and Introduction

Dr. Mohamed Qasem

10:30 – 10:45

Coffee Break

10:45 – 12:30

Dubai Future Auditorium

Beat in the Box

Yvonne Gregori

12:30 – 13:15

Lunch

13:15 – 16:15

Dubai Future Auditorium

**Taking Innovation From Lab Bench
Towards Product: The Silica Journey**
Dr. Ant Rowstron

- × Introduction
- × Understanding the Landscape:
Research x Innovation x Incubation

14:30 – 14:45

Coffee Break

- × Silica: A Case Study
- × Q&A – Interactive

16:15 – 16:30

Dubai Future Auditorium

Closing Session

Dr. Mohamed Qasem

WEEK 1 / DAY 2

WEDNESDAY 23 OCTOBER 2024

09:00 – 09:15

Dubai Future Auditorium

Opening Session

Dr. Mohamed Qasem

09:15 – 12:15

Dubai Future Auditorium

Lessons From The First Three Modernities

Dr. Roy Casagranda

- × Civilization vs. Modernity?
- × The First and Second Modernities

10:00 – 10:15

Coffee Break

- × The Third and Fourth Modernities?

11:30 – 11:45

Coffee Break

- × Where Are We Now?

12:15 – 13:15

Lunch

13:15 – 16:45

Dubai Future Auditorium

AI in Leadership

Dr. Mohamed Qasem

- × Introduction to AI and Its Relevance for Leaders
- × AI in Business

14:30 – 14:45

Coffee Break

- × Implementing AI in Organizations
- × Future Trends and Open Discussion

16:45 – 17:00

Dubai Future Auditorium

Closing Session

Dr. Mohamed Qasem

19:30 – 21:30

Leen's

Welcome Dinner & Networking

DFAC Delivery Team

WEEK 1 / DAY 3

THURSDAY 24 OCTOBER 2024

08:00 – 08:45
3D Office**Cultivating Long-Term Well-Being and Vitality
Through Meditation and Breathwork**08:45 – 12:55
Dubai Police**Field Visit to Dubai Police
Innovation Lab**

- × Transportation to Location
- × SPS Center and Services
- × SPS & Lost Found Session

11:00 – 11:15

Coffee Break

- × Microspot /Drone Box
- × Transportation to Location

12:55 – 13:40

Lunch

13:40 – 16:40

Dubai Future Auditodium

Leadership, Culture And Priorities
Justin Hughes

- × Decision Making Simulation – Mercury Hypersonic

15:10 – 15:25

Coffee Break

- × Values Into Action
- × Leadership in High-performance Organizations
- × Reflection – So What?

16:40 – 16:55

Dubai Future Auditodium

Closing Session
Dr. Mohamed Qasem

WEEK 1 / DAY 4

FRIDAY 25 OCTOBER 2024

09:00 – 09:10

Dubai Future Auditorium

Opening Session

Dr. Mohamed Qasem

09:10 – 12:10

Dubai Future Auditorium

**Decoding Hidden Worlds: From Moonshot
Inventions to Real-World Impact**

Dr. Fadel Adib

- × Technologies Overview
- × Ocean Internet-of-Things

10:25 – 10:40

Coffee Break

- × Technologies for Superpowers
- × From Innovation to Startups

12:10 – 12:25

Dubai Future Auditodium

Closing Session

Dr. Mohamed Qasem

WEEK 2 / DAY 1

MONDAY 28 OCTOBER 2024

09:15 – 09:30

Dubai Future Auditorium

Opening Session

Dubai Future Foundation Leadership

09:30 – 12:30

Dubai Future Auditorium

Imagining the Future

Dr. Heba Chehade

- × What Foresight Looks Like, Dubai as a Case Study
- × A View of the Global Future

10:45 – 11:00

Coffee Break

- × Exercise in Imagination
- × In Conversation, Guiding Principles

12:45 – 13:35

Lunch

13:35 – 16:35

Dubai Future Auditorium

Concept To Creation: Emerging Tech Into Action

Rayan Al Masoudi

- × Element of Space in a Virtual Presence
- × AI Emotions & Personality

14:50 – 15:05

Coffee Break

- × Breakout from the Redundant AI Applications
- × Avoid Third-Party Dependence

16:35 – 16:50

Dubai Future Auditodium

Closing Session

Dr. Mohamed Qasem

WEEK 2 / DAY 2

TUESDAY 29 OCTOBER 2024

08:00 – 08:45

3D Office

Cultivating Long-Term Well-Being and Vitality Through Meditation and Breathwork

09:00 – 09:10

Dubai Future Auditorium

Opening Session

Dr. Mohamed Qasem

09:10 – 12:10

Dubai Future Auditorium

Peak Performance: Enhancing Leadership And Productivity Through Health And Fitness

Dr. Nicholas B. Tiller

- × Exercise: Body and Brain
- × Fueling Greatness: Food & Supplements

10:25 – 10:40

Coffee Break

- × Rest and Recharge
- × Distinguishing Science from Pseudoscience

12:10 – 13:00

Lunch

13:00 – 16:00

Dubai Future Auditorium

Science, Critical Thinking, and The Future

Dr. Steven Novella

- × Introduction to Scientific Skepticism
- × Metacognition - Thinking about Thinking

14:15 – 14:30

Coffee Break

- × How to Argue - Logic and Cognitive Biases
- × Perception and Memory

16:00 – 16:10

Dubai Future Auditodium

Closing Session

Dr. Mohamed Qasem

WEEK 2 / DAY 3

WEDNESDAY 30 OCTOBER 2024

09:00 – 09:10

Dubai Future Auditorium

Opening Session

Dr. Mohamed Qasem

09:10 – 12:10

Dubai Future Auditorium

Building Innovation: Disrupting The Construction Industry Without Disrupting The Work

Dr. Hassan Fahad Albalawi

- × Welcome & Introduction
- × The Journey of WakeCap
- × Challenges and Solutions

10:25 – 10:40

Coffee Break

- × WakeCap's Technology & Product Demonstration
- × Closing and Q&A

12:10 – 13:00

Lunch

13:00 – 16:00

Dubai Future Auditorium

Science, Critical Thinking, and The Future

Dr. Steven Novella

- × How do we Know? - A Little Philosophy
- × Science vs Pseudoscience

14:15 – 14:30

Coffee Break

- × Denying Science
- × Discussion and Examples

16:00 – 16:10

Dubai Future Auditorium

Closing Session

Dr. Mohamed Qasem

19:30 – 21:30

YABA

Networking Dinner

DFAC Delivery Team

WEEK 2 / DAY 4

THURSDAY 31 OCTOBER 2024

08:00 – 08:45

3D Office

Cultivating Long-Term Well-Being and Vitality Through Meditation and Breathwork

08:45 – 12:15

Roads & Transport Authority (RTA)

The Future of Mobility

- × Transportation to location
- × Field visit to RTA's Innovation Lab
- × Transportation to location

12:15 – 13:00

Lunch

13:00 – 16:00

Dubai Future Auditorium

Science, Critical Thinking, and The Future

Dr. Steven Novella

- × Science and the Media
- × Age of Misinformation

14:15 – 14:30

Coffee Break

- × Science and Futurism
- × Final Discussion

16:00 – 16:10

Dubai Future Auditorium

Closing Session

Dr. Mohamed Qasem

WEEK 2 / DAY 5

FRIDAY 1 NOVEMBER 2024

10:00 – 12:15

Dubai Future Auditorium

**Coding Your Future: From Moonshots
To Human-Centric Innovation**

Dr. Ebtessam Almazrouei

- × Disruption Unleashed—From Moonshots to Actionable Projects
- × Towards Economic and Human-Centric Development with AI and Advanced Tech

11:00 – 11:15**Coffee Break**

- × Design Thinking Workshop
 - Innovating for Humanity using AI
- × Generative AI Hands-On Workshop
 - Realizing Ideas Through Technology

12:15 – 12:30

Dubai Future Auditorium

Closing Session

Dr. Mohamed Qasem

WEEK 3 / DAY 1

MONDAY 4 NOVEMBER 2024

09:00 – 09:30

Dubai Future Auditorium

Opening Session

Dubai Future Foundation Leadership

09:30 – 12:30

Dubai Future Auditorium

Skepticism 101: How To Think Like A Scientist

Dr. Michael Shermer

- × Truth: What it is and How to Find it
- × Are we Living in a Post-Truth World?

10:45 – 11:00**Coffee Break**

- × Science and Skepticism
- × Signal Detection Theory

12:30 – 13:15**Lunch****13:15 – 13:25**

Dubai Future Auditorium

Opening Session

Dr. Mohamed Qasem

13:25 – 16:35

Dubai Future Auditorium

The Future of Food**14:55 – 15:10****Coffee Break****16:35 – 16:45**

Dubai Future Auditorium

Closing Session

Dr. Mohamed Qasem

WEEK 3 / DAY 2

TUESDAY 5 NOVEMBER 2024

08:00 – 08:45
3D Office

Cultivating Long-Term Well-Being and Vitality Through Meditation and Breathwork

09:00 – 09:10
Dubai Future Auditorium

Opening Session
Dr. Mohamed Qasem

09:10 – 12:10
Dubai Future Auditorium

Skepticism 101: How To Think Like A Scientist
Dr. Michael Shermer

- × How Thinking Goes Wrong
- × How to Think About Weird Things

10:25 – 10:40

Coffee Break

- × Conspiracies and Conspiracy Theories
- × Why the Rational Believe the Irrational

12:10 – 13:00

Lunch

13:00 – 16:00
Dubai Future Auditorium

Collaborating With The Enemy
Adam Kahane

- × The important and difficult challenges we face that require collaborating
- × The collaborating we need: why, when, on what, with whom

14:15 – 14:30

Coffee Break

- × Five stretches required for collaborating across differences
- × Employing these stretches to our challenges

16:00 – 16:15
Dubai Future Auditorium

Closing Session
Dr. Mohamed Qasem

WEEK 3 / DAY 3

WEDNESDAY 6 NOVEMBER 2024

11:00 – 11:10
Dubai Future Auditorium

Opening Session
Dr. Mohamed Qasem

11:10 – 12:00
Dubai Future Auditorium

Talabot
RTA

12:00 – 13:00

Lunch

13:00 – 16:00
Dubai Future Auditorium

The Future Of Cardiovascular Health: Precision, Prevention And Transformative Interventions
Dr. Danielle Belardo

- × Cardiovascular Risk Factors in the Era of Precision Medicine
- × Early Screening and Detection: The Frontline of Prevention”

14:15 – 14:30

Coffee Break

- × Guideline-Directed Medical Therapy: The New Standard
- × Lifestyle Interventions: The Foundation of Cardiometabolic Health

16:00 – 16:15
Dubai Future Auditorium

Closing Session
Dr. Mohamed Qasem

19:30 – 21:30
Three by Eva

Networking Dinner
DFAC Delivery Team

WEEK 3 / DAY 4

THURSDAY 7 NOVEMBER 2024

08:00 – 08:45
3D Office

**Cultivating Long-Term Well-Being and Vitality
Through Meditation and Breathwork**

08:45 – 12:25
MBR Space Center

Field Visit To MBR Space Center

- × Transportation to location
- × Welcome hospitality and welcome by MBRSC team
- × Welcome speech by DG
- × Introduction about the satellite sector
- × Introduction about the Emirates lunar mission Emirates Airlock
- × Break time and socializing in the Auditorium
- × New command & control room
- × MBRSC Labs and clean room tour
- × Building AB tour, and SpaceX rocket area
- × Transportation to location

12:25 – 13:10

Lunch

13:10 – 16:10
Dubai Future Auditorium

**How A Two-Person AI Company Built
The UAE's First Rocket Engine**
Lin Kayser & Josefine Lissner

- × An AI that engineers rocket engines
- × How we built an ultra-efficient company

14:25 – 14:40

Coffee Break

- × Engineering the future
- × Enabling humanity's potential

16:10 – 16:25
Dubai Future Auditorium

Closing Session
Dr. Mohamed Qasem

WEEK 3 / DAY 5

FRIDAY 8 NOVEMBER 2024

08:30 – 13:40
Old Dubai

Journey Into Dubai's Past
DFAC Delivery Team

- × Transportation to location
- × Emirati Breakfast Experience in an old Emirati House
- × Drive to Al Shindagha
- × Guided Tour in Al Shindagha Museum
- × Drive to Al Seef
- × Emirati Lunch in Al Fanar
- × Etiquette of Arabic Coffee
- × Transportation to location

WEEK 4 / DAY 1

MONDAY 11 NOVEMBER 2024

09:00 – 09:30

Dubai Future Auditorium

Opening Session

Dubai Future Foundation Leadership

09:30 – 12:30

Dubai Future Auditorium

The Practice Of Transformative Futures

Dr. Sohail Inyatullah & Dr. Ivana Milojevic

- × Transformative Futures
- × Causal layered Analysis (CLA) of the external world

10:45 – 11:00

Coffee Break

- × The Practice of CLA and the CLA game
- × CLA of the Self – story as purpose

12:30 – 13:30

Lunch

13:30 – 16:00

Dubai Future Auditorium

How To Grow A Liquid Tree?

Dr. Ivan Spasojević

- × From microalgae in the streets to liquid trees
- × Innovation know-how workshop

14:45 – 15:00

Coffee Break

- × Free think tank – let's make some ideas

16:00 – 16:15

Dubai Future Auditodium

Closing Session

Dr. Mohamed Qasem

WEEK 4 / DAY 2

TUESDAY 12 NOVEMBER 2024

08:00 – 08:45

3D Office

Cultivating Long-Term Well-Being and Vitality Through Meditation and Breathwork

09:00 – 09:15

Dubai Future Auditorium

Opening Session

Dr. Mohamed Qasem

09:15 – 12:15

Dubai Future Auditorium

The Practice Of Transformative Futures

Dr. Sohail Inyatullah & Dr. Ivana Milojevic

- × Insights from the first day – CLA conclusions
- × Macrohistory and the long term future – the Sarkar game

10:30 – 10:45

Coffee Break

- × Conflict Transformation futures (CTF)
- × Practice of CTF and insights

12:15 – 13:15

Lunch

13:15 – 13:25

3D Office

Opening Session

Dr. Mohamed Qasem

13:25 – 16:10

3D Office

Insights From The Field By The Participants

Dr. Mohamed Qasem

- × Participants share their innovative business & project experiences

14:40 – 14:55

Coffee Break

- × Participants share their innovative business & project experiences

16:10 – 16:25

Dubai Future Auditodium

Closing Session

Dr. Mohamed Qasem

WEEK 4 / DAY 3

WEDNESDAY 13 NOVEMBER 2024

09:00 – 09:15

Dubai Future Auditorium

Opening Session

Dr. Mohamed Qasem

09:15 – 12:15

Dubai Future Auditorium

The Digital School - Driving The Frontiers Of Digital Education For Marginalized Communities Worldwide
Dr. Waleed Al Ali

10:30 – 10:45

Coffee Break

12:15 – 13:15

Lunch

13:15 – 16:15

Dubai Future Auditorium

Foresight Innovators: AI Case Study

Paul Saffo

- × Welcome and Introductions
- × Innovation Foresight Overview

14:30 – 14:45

Coffee Break

- × AI case introduction (Interactive discussion)
- × AI case deep dive

16:15 – 16:30

Dubai Future Auditorium

Closing Session

Dr. Mohamed Qasem

WEEK 4 / DAY 4

THURSDAY 14 NOVEMBER 2024

08:00 – 08:45

3D Office

Cultivating Long-Term Well-Being and Vitality Through Meditation and Breathwork

08:45 – 12:15

DP World

Field Trip To DP World

- × Transportation to location
- × Exploring Innovation: A Tour of Cutting-Edge Port Initiatives
- × Transportation to location

12:15 – 13:00

Lunch

13:00 – 16:15

Dubai Future Auditorium

Foresight Innovators: AI Case Study

Paul Saffo

- × Overnight assignment: report-out and discussion
- × Cross-impacts to implications: mapping AI's next decade

14:30 – 14:45

Coffee Break

- × Impacts: Society, Government and Business (interactive exercise)
- × Looking Beyond Moore's Law: what the next 50 years holds

16:15 – 16:30

Dubai Future Auditorium

Closing Session

Dr. Mohamed Qasem

WEEK 4 / DAY 5

FRIDAY 15 NOVEMBER 2024

8:45 – 9:55
Dubai Future Labs

Dubai Future Labs Visit (Group 1)
DFAC Delivery Team

- × Welcome
- × About DFL and Robotics
- × Tour
- × Q&A
- × Coffee Break + Walk to the Museum

10:25 – 11:55
Museum of the Future

**Foresight Exploration:
Museum of the Future Visit**

10:25 – 12:00
Dubai Future Labs

Dubai Future Labs Visit (Group 2)
DFAC Delivery Team

10:25 – 11:55
Museum of the Future

**Foresight Exploration:
Museum of the Future Visit**

- × Coffee Break + Walk to the Labs
- × Welcome
- × About DFL and Robotics
- × DFLabs Tour
- × Q&A

12:00 – 12:15

Break and walk back to the Dubai Future Auditorium

12:15 – 13:00
Dubai Future Auditorium

**Graduation Ceremony
and Group Photo**

WEEK 5 / DAY 1

MONDAY 18 NOVEMBER 2024

9:00 – 17:00
Emirates Towers

Prototypes for Humanity
Optional and you can attend on your own

19:30 – 21:30
Al Shandagha

Networking Dinner
DFAC Delivery Team

WEEK 5 / DAY 2

TUESDAY 19 NOVEMBER 2024

9:00 – 17:00
Museum of the Future

Dubai Future Forum
Optional and you can attend on your own

WEEK 5 / DAY 3

WEDNESDAY 20 NOVEMBER 2024

9:00 – 17:00
Museum of the Future

Dubai Future Forum
Optional and you can attend on your own



F E E L

برنامج استشعار المستقبل
A DISRUPTIVE FUTURES PROGRAM